



Hello!

IF YOU ARE SELF ISOLATING DUE TO COVID-19
WE CAN HELP!

My/Our Name(s):

I/We live at:With:

WE CAN HELP WITH:

PICKING UP
SHOPPING

POSTING MAIL

A FRIENDLY
CHAT

URGENT
SUPPLIES

MY/OUR NUMBER IS

Coronavirus is contagious. Please spread only
kindness. Avoid physical contact. Wash your
hands. Leave packages on the doorstep.