
















>> My Daily Tasks <<

My name is:							
Today I	M	T	W	T	F	S	S
Ate my breakfast 							
Brushed my teeth 							
Got myself dressed 							
Ate my lunch 							
Helped mummy tidy up 							
Ate my dinner 							
Had a bath / wash 							
Brushed my teeth 							
Went to bed 							

>> My Activities <<

My name is:							
Today I	M	T	W	T	F	S	S
Read a book 							
Drew a picture 							
Went for a walk / bike ride 							
Played with a friend 							
Visited someone 							
Went on a day out 							
Other 							

>> My Life Skills <<

My name is:							
Today I Practiced	M	T	W	T	F	S	S

Now I can			

I've had a great week! Now I get to choose a